

PSHE Curriculum 2020-21

YEAR 7

THEME 1: HEALTH & WELLBEING EDUCATION

Basic First Aid	Road Safety	Understanding Our Emotions: How to Talk	FGM	Healthy Eating	E-Safety	Physical Health	Puberty and Hygiene	Stamp Out Stress
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THEME 2: RELATIONSHIPS AND SEX EDUCATION

Relationship breakdowns – friends and family	Healthy friendships and settling in	Language and respect	Bullying v banter	Teamwork
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THEME 3: LIVING IN THE WIDER WORLD (ECONOMIC WELLBEING, CAREERS AND THE WORLD OF WORK)

Study Skills: Independent Revision	Climate Change	Careers in Books	Law	The Value of Money	Disability Awareness – British Sign Language		
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RE MODULES

Relationships and Families	Religion, Human Rights and Social Justice
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YEAR 8

THEME 1: HEALTH & WELLBEING EDUCATION

First Aid I	The Teenage Brain and Emotions	Cannabis – Miracle Medicine or Dangerous Drug?	Self Esteem and Social Media	Coping Strategies	Gambling	Stamp Out Stress
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THEME 2: RELATIONSHIPS AND SEX EDUCATION

Respect Yourself (sexting)	Consent	LGBTQ+ Gender identity, sexual orientation	Gangs	What is discrimination?
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THEME 3: LIVING IN THE WIDER WORLD (ECONOMIC WELLBEING, CAREERS AND THE WORLD OF WORK)

Study Skills: Independent Revision	Climate Change	Careers in STEM/ Maths/ Humanities and Arts/ English/ Wellbeing at Work	Year 8 and Beyond	Destination Known	Future Choices: Education and Career Pathways	The Value of Money
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RE MODULES

Relationships and Families	Religion, Human Rights and Social Justice
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YEAR 9

THEME 1: HEALTH & WELLBEING EDUCATION

Personal Safety: - First Aid II	Mental Health and Seeking Support	Drugs, Smoking and Alcohol	Coppafeel (Cancer and Prevention)	Stamp Out Stress
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THEME 2: RELATIONSHIPS AND SEX EDUCATION

Safe Sex	Knife Crime	The Perfect Partner (Healthy Relationships)	Sex in the Media	Exploitation
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THEME 3: LIVING IN THE WIDER WORLD (ECONOMIC WELLBEING, CAREERS AND THE WORLD OF WORK)

Study Skills: Independent Revision	Climate Change	Choosing Our Options Post Key Stage 3 and 4	Mentor Me	Money, Money, Money
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RE MODULES

Relationships and Families	Religion, Human Rights and Social Justice
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Duke of Edinburgh Award

YEAR 10

THEME 1: HEALTH & WELLBEING EDUCATION

Mental health, tackling stigma and getting support.	Gaining Independence: Making healthy lifestyle choices	Drugs and Alcohol	Exploring Influence: Body Image and the Media	Stamp Out Stress
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THEME 2: RELATIONSHIPS AND SEX EDUCATION

Heartbroken: Relationship Breakdowns	Consent	Safe Sex (had a lesson last year)	Healthy Relationships	Religion and Sex	Online Dating
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THEME 3: LIVING IN THE WIDER WORLD (ECONOMIC WELLBEING, CAREERS AND THE WORLD OF WORK)

Study Skills: Independent Revision	Preparing for Work Experience	50 minute careers: Apprenticeships	Promote Yourself: interviews and applications	Discrimination in the Workplace	Positive Use of Social Media and How Others View Me	50 minute careers	50 minute careers
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Duke of Edinburgh Award

YEAR 11

THEME 1: HEALTH & WELLBEING EDUCATION

Year 11 Hopes and Fears	Gaining Independence: Making healthy lifestyle choices	Coppafeel (Cancer and Prevention)	Gambling	Stamp Out Stress
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THEME 2: RELATIONSHIPS AND SEX EDUCATION

Teenage and Pregnant	Safe Sex (had a lesson last year)	Healthy Relationships: Domestic Abuse	Honour Based Abuse	Sex in the Media	Exploring Influence	Extremism and Radicalisation (had a lesson last year)
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THEME 3: LIVING IN THE WIDER WORLD (ECONOMIC WELLBEING, CAREERS AND THE WORLD OF WORK)

Study Skills: Independent Revision	Get Ready: Next Steps (100 mins)	Personal Finance, Budgeting and Debt (100 mins)	Preparing for Exam Success	Employability Skills
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