



What our Family Centre's are offering virtually:

- **Family Advice Sessions** (One on one – Telephonic sessions)
 - Runs Weekly (3 days a week)
 - 30 minutes call with a Family Support Worker
- **SENDSory Forum** (Virtual Weekly Group)
 - Every Tues (10.30 – 11.00)
 - For Families who have any concerns regarding any aspects of their child's development
- **Freedom** (Virtual 11-week course)
 - Starting 7th October 2020
 - For women who are living with or who have left abusive relationships
- **Parenting Puzzle** (Virtual 4- Week course)
 - Starting 13th Oct 2020 (2 Groups available)
 - This Nurturing Programme helps to deal with those challenges in the family and gives you the tools you need to get the best out of your family
- **Little Chatterboxes** (Virtual 4- Week course)
 - Starting on 15th Oct 2020
 - Families who have concerns regarding their child's language and speech development
- **Welcome to the World** (Virtual 4- Week course)
 - New dates to be released soon
 - For new and expecting parents

All our sessions are Free.

Bookings are essential, as places are limited.

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