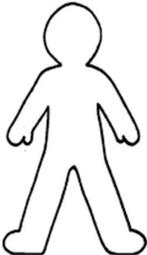


PSHE Delivery Groups and Curriculum 2021-22

My Body 	My Wellbeing 	My Safety 	My Relationships 	Finding My Future 
Healthy Eating	Mental Health	Personal Safety	Respectful Relationships	Learning Skills
Health & Prevention		Internet Safety and Harms	Online Relationships	Financial Choices
Physical Health and Fitness		Basic First Aid	Intimate and Sexual Relationships	Work & Career
Changing Adolescent Body		Drugs, Alcohol and Tobacco	Families Will be delivered through RE	Choices & Pathways
		Media Literacy and Digital Resilience		
	Employment Rights & Responsibilities			

My Body



Healthy Eating

Pupils should know:

- how to maintain healthy eating and the links between a poor diet and health risks, including tooth decay and cancer.



Physical Health and Fitness

Pupils should know:

- the positive associations between physical activity and promotion of mental wellbeing, including as an approach to combat stress.
- the characteristics and evidence of what constitutes a healthy lifestyle, maintaining a healthy weight, including the links between an inactive lifestyle and ill health, including cancer and cardiovascular ill-health.
- about the science relating to blood, organ and stem cell donation.



Health & Prevention

Pupils should know:

- about personal hygiene, germs including bacteria, viruses, how they are spread, treatment and prevention of infection, and about antibiotics.
- about dental health and the benefits of good oral hygiene and dental flossing, including healthy eating and regular check-ups at the dentist.
- (late secondary) the benefits of regular self-examination and screening.
- the facts and science relating to immunisation and vaccination.
- the importance of sufficient good quality sleep for good health and how a lack of sleep can affect weight, mood and ability to learn



Changing Adolescent Body

Pupils should know:

- key facts about puberty, the changing adolescent body and menstrual wellbeing.
- the main changes which take place in males and females, and the implications for emotional and physical health.

Laws:

- Sexuality
- Gender identity

My Wellbeing

Mental Health



Pupils should know:

- how to talk about their emotions accurately and sensitively, using appropriate vocabulary.
- that happiness is linked to being connected to others.
- how to recognise the early signs of mental wellbeing concerns.
- common types of mental ill health (e.g. anxiety and depression).
- how to critically evaluate when something they do or are involved in has a positive or negative effect on their own or others' mental health.
- the benefits and importance of physical exercise, time outdoors, community participation and voluntary and service-based activities on mental wellbeing and happiness.

My Safety

	<h2 style="text-align: center;">Personal Safety</h2> <p>Pupils should know:</p> <ul style="list-style-type: none"> - how to travel to school safely - stranger danger - cycle safety and road safety - my first mobile phone – personal responsibilities 		<h2 style="text-align: center;">Basic First Aid</h2> <p>Pupils should know:</p> <ul style="list-style-type: none"> - basic treatment for common injuries. - life-saving skills, including how to administer CPR - the purpose of defibrillators and when one might be needed.
	<h2 style="text-align: center;">Internet Safety and Harms</h2> <p>Pupils should know:</p> <ul style="list-style-type: none"> - the similarities and differences between the online world and the physical world, including: the impact of unhealthy or obsessive comparison with others online (including through setting unrealistic expectations for body image), how people may curate a specific image of their life online, over-reliance on online relationships including social media, the risks related to online gambling including the accumulation of debt, how advertising and information is targeted at them and how to be a discerning consumer of information online. - how to identify harmful behaviours online (including bullying, abuse or harassment) and how to report, or find support, if they have been affected by those behaviours. - how people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn (in all contexts, including online). <p>Law: online behaviours including image and information sharing (including 'sexting', youth-produced sexual imagery, nudes, etc.)</p>		<h2 style="text-align: center;">Drugs, Alcohol and Tobacco</h2> <p>Pupils should know:</p> <ul style="list-style-type: none"> - the facts about legal and illegal drugs and their associated risks, including the link between drug use, and the associated risks, including the link to serious mental health conditions. - the law relating to the supply and possession of illegal substances. - the physical and psychological risks associated with alcohol consumption and what constitutes low risk alcohol consumption in adulthood. - the physical and psychological consequences of addiction, including alcohol dependency. - awareness of the dangers of drugs which are prescribed but still present serious health risks. - the facts about the harms from smoking tobacco (particularly the link to lung cancer), the benefits of quitting and how to access support to do so. <p>Law: substance misuse</p>

My Relationships



Respectful Relationships

Pupils should know:

- the characteristics of positive and healthy friendships (in all contexts, including online) including: trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships. This includes different (non-sexual) types of relationship.
- practical steps they can take in a range of different contexts to improve or support respectful relationships.
- how stereotypes, in particular stereotypes based on sex, gender, race, religion, sexual orientation or disability, can cause damage (e.g. how they might normalise non-consensual behaviour or encourage prejudice).
- that in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including people in positions of authority and due tolerance of other people's beliefs.
- about different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help.
- that some types of behaviour within relationships are criminal, including violent behaviour and coercive control.
- what constitutes sexual harassment and sexual violence and why these are always unacceptable.
- the legal rights and responsibilities regarding equality (particularly with reference to the protected characteristics as defined in the Equality Act 2010) and that everyone is unique and equal.

Laws relating to: violence against women and girls, hate crime, violence and exploitation by gangs, criminal exploitation (for example, through gang involvement or 'county lines' drugs operations)



Families

Will be delivered through RE

Pupils should know:

- that there are different types of committed, stable relationships.
- how these relationships might contribute to human happiness and their importance for bringing up children.
- what marriage is, including their legal status e.g. that marriage carries legal rights and protections not available to couples who are cohabiting or who have married, for example, in an unregistered religious ceremony.
- why marriage is an important relationship choice for many couples and why it must be freely entered into.
- the characteristics and legal status of other types of long-term relationships.
- the roles and responsibilities of parents with respect to raising of children, including the characteristics of successful parenting.

how to:

- determine whether other children, adults or sources of information are trustworthy
- judge when a family, friend, intimate or other relationship is unsafe (and to recognise this in others' relationships)
- how to seek help or advice, including reporting concerns about others, if needed.

Online Relationships



Pupils should know:

- their rights, responsibilities and opportunities online, including that the same expectations of behaviour apply in all contexts, including online.
- about online risks, including that any material someone provides to another has the potential to be shared online and the difficulty of removing potentially compromising material placed online.
- not to provide material to others that they would not want shared further and not to share personal material which is sent to them.
- what to do and where to get support to report material or manage issues online.
- the impact of viewing harmful content.
- that specifically sexually explicit material e.g. pornography presents a distorted picture of sexual behaviours, can damage the way people see themselves in relation to others and negatively affect how they behave towards sexual partners.
- that sharing and viewing indecent images of children (including those created by children) is a criminal offence which carries severe penalties including jail.
- how information and data is generated, collected, shared and used online.

Laws relating to: consent, including the age of consent, online behaviours including image and information sharing (including 'sexting', youth-produced sexual imagery, nudes, etc.), pornography, extremism/ radicalisation, violence and exploitation by gangs, criminal exploitation (for example, through gang involvement or 'county lines' drugs operations)

Intimate and Sexual Relationships



Pupils should know:

- how to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared interests and outlook, sex and friendship.
- that all aspects of health can be affected by choices they make in sex and relationships, positively or negatively, e.g. physical, emotional, mental, sexual and reproductive health and wellbeing.
- how people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn (in all contexts, including online).
- the facts about reproductive health, including fertility, and the potential impact of lifestyle on fertility for men and women and menopause.
- that there are a range of strategies for identifying and managing sexual pressure, including understanding peer pressure, resisting pressure and not pressurising others.
- that they have a choice to delay sex or to enjoy intimacy without sex.
- the facts about the full range of contraceptive choices, efficacy and options available.
- the facts around pregnancy including miscarriage.
- that there are choices in relation to pregnancy (with medically and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion and where to get further help).
- how the different sexually transmitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safer sex (including through condom use) and the importance of and facts about testing.
- about the prevalence of some STIs, the impact they can have on those who contract them and key facts about treatment.
- how the use of alcohol and drugs can lead to risky sexual behaviour.
- how to get further advice, including how and where to access confidential sexual and reproductive health advice and treatment.
- Laws relating to: consent, including the age of consent, abortion

Finding My Future



PSHE Association: Learning Skills

KS3 pupils should know:

- study, organisational, research and presentation skills
- to review their strengths, interests, skills, qualities and values and how to develop them
- to set realistic yet ambitious targets and goals
- the skills and attributes that employers value
- the skills and qualities required to engage in enterprise
- the importance and benefits of being a lifelong learner

KS4 pupils should know:

- to evaluate and further develop their study and employability skills
- to evaluate their own personal strengths and areas for development and use this to inform goal setting
- how their strengths, interests, skills and qualities are changing and how these relate to future career choices and employability



PSHE Association: Choices & Pathways

KS3 pupils should know:

- about the options available to them at the end of key stage 3, sources of information, advice and support, and the skills to manage this decision-making process
- about routes into work, training and other vocational and academic opportunities, and progression routes
- the benefits of setting ambitious goals and being open to opportunities in all aspects of life
- to recognise and challenge stereotypes and family or cultural expectations that may limit aspirations.

KS4 pupils should know:

- about the range of opportunities available to them for career progression, including in education, training and employment
- about the need to challenge stereotypes about particular career pathways, maintain high aspirations for their future and embrace new opportunities
- about the information, advice and guidance available to them on next steps and careers; how to access appropriate support and opportunities



PSHE Association: Financial Choices

KS3 pupils should know:

- to assess and manage risk in relation to financial decisions that young people might make about values and attitudes relating to finance, including debt
- to manage emotions in relation to money
- to evaluate social and moral dilemmas about the use of money, including the influence of advertising and peers on financial decisions
- to recognise financial exploitation in different contexts e.g. drug and money mules, online scams

KS4 pupils should know:

- how to effectively budget, including the benefits of saving
- how to effectively make financial decisions, including recognising the opportunities and challenges involved in taking financial risks
- to recognise and manage the range of influences on their financial decisions
- to access appropriate support for financial decision-making and for concerns relating to money, gambling, and consumer rights
- the skills to challenge or seek support for financial exploitation in different contexts including online



PSHE Association: Media Literacy and Digital Resilience

KS3 pupils should know:

- that features of the internet can amplify risks and opportunities, e.g. speed and scale of information sharing, blurred public and private boundaries and a perception of anonymity
- to establish personal values and clear boundaries around aspects of life that they want to remain private; strategies to safely manage personal information and images online, including on social media
- the benefits and positive use of social media, including how it can offer opportunities to engage with a wide variety of views on different issues
- to recognise the importance of seeking a variety of perspectives on issues and ways of assessing the evidence which supports those views
- to understand how the way people present themselves online can have positive and negative impacts on them
- to make informed decisions about whether different media and digital content are appropriate to view and develop the skills to act on them that on any issue there will be a range of viewpoints; to recognise the potential influence of extreme views on people's attitudes and behaviours

	<ul style="list-style-type: none"> - to evaluate the financial advantages, disadvantages and risks of different models of contractual terms, including self-employment full-time, part-time and zero-hours contracts 		<ul style="list-style-type: none"> - to respond appropriately when things go wrong online, including confidently accessing support, reporting to authorities and platforms <p>KS4 pupils should know:</p> <ul style="list-style-type: none"> - that there are positive and safe ways to create and share content online and the opportunities this offers - strategies for protecting and enhancing their personal and professional reputation online - that social media may disproportionately feature exaggerated or inaccurate information about situations, or extreme viewpoints; to recognise why and how this may influence opinions and perceptions of people and events - how personal data is generated, collected and shared, including by individuals, and the consequences of this - how data may be used with the aim of influencing decisions, including targeted advertising and other forms of personalisation online; strategies to manage this - strategies to critically assess bias, reliability and accuracy in digital content - to assess the causes and personal consequences of extremism and intolerance in all their forms - to recognise the shared responsibility to challenge extreme viewpoints that incite violence or hate and ways to respond to anything that causes anxiety or concern
	<p style="text-align: center;">PSHE Association: Work & Career</p> <p>KS3 pupils should know:</p> <ul style="list-style-type: none"> - different types and patterns of work, including employment, self-employment and voluntary work; that everyone has a different pathway through life, education and work - about different work roles and career pathways, including clarifying their own early aspirations <p>KS4 pupils should know:</p> <ul style="list-style-type: none"> - about the labour market, local, national and international employment opportunities - about employment sectors and types, and changing patterns of employment - to research, secure and take full advantage of any opportunities for work experience that are available - to develop their career identity, including values in relation to work, and how to maximise their chances when applying for education or employment opportunities 		<p style="text-align: center;">PSHE Association: Employment Rights & Responsibilities</p> <p>KS3 pupils should know:</p> <ul style="list-style-type: none"> - about young people's employment rights and responsibilities - to manage emotions in relation to future employment <p>KS4 pupils should know:</p> <ul style="list-style-type: none"> - the skills and attributes to manage rights and responsibilities at work including health and safety procedures - about confidentiality in the workplace, when it should be kept and when it might need to be broken - about the unacceptability and illegality of discrimination and harassment in the workplace, and how to challenge it

PSHE Curriculum Plan 2021-22 – Year 7

My Body 	My Wellbeing 	My Safety 	My Relationships 	Finding My Future 
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WEEK 1		My Safety	Personal Safety	<ul style="list-style-type: none"> - Safe travel to school - (Road safety - Cycle safety - Stranger danger) - My first mobile phone 	Mr Pinder & Mr Stewart
WEEK 2		My Wellbeing	Mental Health	<ul style="list-style-type: none"> - Introduction to 5 Ways to Wellbeing & Stamp Out Stress 	Miss Imison & Miss Gill
WEEK 3		Finding My Future	Learning Skills	<ul style="list-style-type: none"> - My learning brain 	Miss Cherry & Miss Mulligan
WEEK 4		Finding My Future	Learning Skills	<ul style="list-style-type: none"> - Study skills: Independent revision 	Miss Cherry & Miss Mulligan
WEEK 5		My Relationships	Respectful Relationship	<ul style="list-style-type: none"> - Teamwork - Healthy friendships and settling in 	Miss Imison & Miss Gill
WEEK 6		My Body	Changing Adolescent Body	<ul style="list-style-type: none"> - Female/ male body changes in puberty - The importance of good body hygiene - Menstrual wellbeing 	Mr Cushen & Miss Hamilton
WEEK 7		My Body	Health and Prevention	<ul style="list-style-type: none"> - Personal hygiene, germs, viruses and antibiotics. 	Mr Warrington & Mr Joiner
WEEK 8		My Relationships	Online Relationship	<ul style="list-style-type: none"> - Stranger Danger online 	Mr Cushen & Miss Hamilton
WEEK 9		Finding My Future	Financial Choices	<ul style="list-style-type: none"> - The value of money, saving and budgeting 	Miss Cherry & Miss Mulligan
WEEK 10		My Safety	Internet Safety and Harms	<ul style="list-style-type: none"> - Risks in the online world v real life risks 	Mr Pinder & Mr Stewart
WEEK 11		My Body	Healthy Eating	<ul style="list-style-type: none"> - Intro to Eatwell Plate - Sugar and tooth decay - Energy drinks 	Mr Cushen & Miss Hamilton
WEEK 12		My Relationships	Intimate and sexual relationships	<ul style="list-style-type: none"> - Consent – 1:1 relationships 	Miss Cherry & Miss Mulligan
WEEK 13		My Body	Physical Health and Fitness	<ul style="list-style-type: none"> - Female Genital Mutilation 	Mr Warrington & Mr Joiner
WEEK 14		My Safety	Basic First Aid	<ul style="list-style-type: none"> - Basic First Aid 	Mr Pinder & Mr Stewart
WEEK 15		My Safety	Drugs Alcohol and Tobacco	<ul style="list-style-type: none"> - Legal v illegal drugs 	Mr Pinder & Mr Stewart
WEEK 16		My Wellbeing	Mental Health	<ul style="list-style-type: none"> - Understanding our emotions: How to talk 	Miss Imison & Miss Gill
WEEK 17		My Relationships	Respectful Relationship	<ul style="list-style-type: none"> - Bullying v banter - Language and respect - Boundaries, privacy and consent 	Miss Imison & Miss Gill
WEEK 18		Finding My Future	Learning Skills	<ul style="list-style-type: none"> - Enterprise 	Miss Cherry & Miss Mulligan

PSHE Curriculum Plan 2021-22 – Year 8

My Body 	My Wellbeing 	My Safety 	My Relationships 	Finding My Future 
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WEEK 1		My Body	Health and Prevention	- The Teenage Brain and Emotions	Mr Warrington & Mr Joiner
WEEK 2		My Relationships	Intimate and sexual relationships	- Consent - Respect Yourself (sexting)	Miss Cherry & Miss Mulligan
WEEK 3		My Wellbeing	Mental Health	- What is mental health? Thriving, Coping, Surviving, Unwell	Miss Imison & Miss Gill
WEEK 4		Finding My Future	Learning Skills	- Study Skills: Independent Revision	Miss Imison & Miss Gill
WEEK 5		My Body	Health and Prevention	- Facts and Science relating to immunisation and Vaccination	Mr Warrington & Mr Joiner
WEEK 6		My Relationships	Respectful Relationships	- Discrimination - racism, religious, disability, sexism, homophobia, biphobia and transphobia	Miss Imison & Miss Gill
WEEK 7		My Safety	Basic First Aid	- Basic First Aid	Mr Pinder & Mr Stewart
WEEK 8		Finding My Future	Financial Choices	- The Value of Money	Mr Warrington & Mr Joiner
WEEK 9		My Relationships	Online Relationships	- Digital citizenship and footprint - Posting and removing material	Mr Cushen & Miss Hamilton
WEEK 10		My Body	Physical Health and Fitness	- Physical Activity v Inactivity. - Healthy Weight and BMI	Mr Warrington & Mr Joiner
WEEK 11		My Relationships	Respectful Relationships	- Conflict Resolution Assertiveness v Aggression	Miss Imison & Miss Gill
WEEK 12		My Body	Changing Adolescent Body	- Hormones and managing sexual attraction	Mr Cushen & Miss Hamilton
WEEK 13		My Safety	Internet Safety and Harms	- Exploring Influence: Body Image, self-esteem and the Media - Overreliance on online relationships	Mr Pinder & Mr Stewart
WEEK 14		Finding My Future	Learning Skills	- How to make choices	Miss Imison & Miss Gill
WEEK 15		My Body	Healthy Eating	- Teenage physical changes and how diet can support. - Reading nutrition labels	Mr Cushen & Miss Hamilton
WEEK 16		Finding My Future	Employment Rights and Responsibilities	- Wellbeing at Work	Mr Warrington & Mr Joiner
WEEK 17		Finding My Future	Media Literacy and Digital Resilience	- Media Reliability	Miss Cherry & Miss Mulligan
WEEK 18		My Safety	Drugs Alcohol and Tobacco	- Dangers of tobacco and peer pressure - Illegal drugs and mental health	Mr Pinder & Mr Stewart

PSHE Curriculum Plan 2021-22 – Year 9

My Body 	My Wellbeing 	My Safety 	My Relationships 	Finding My Future 
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WEEK 1		My Body	Changing Adolescent Body	- Gender Identity – Who am I?	Mr Cushen & Miss Hamilton
WEEK 2		My Body	Changing Adolescent Body	- Sexual Identity – Who am I?	Mr Cushen & Miss Hamilton
WEEK 3		My Body	Health and Prevention	- Benefits of Physical Activity and Stress. Effects of Stress on our body.	Mr Warrington & Mr Joiner
WEEK 4		Finding My Future	Learning Skills	- Study Skills: Independent Revision	Mr Warrington & Mr Joiner
WEEK 5		My Safety	Drugs Alcohol and Tobacco	- Drugs, Crime and Convictions – County Lines and CCE	Mr Pinder & Mr Stewart
WEEK 6		Finding My Future	Choices and Pathways	- Choosing our Options	Miss Cherry & Miss Mulligan
WEEK 7		My Relationships	Respectful Relationships	- Criminal behavior in relationships: - Coercive control - Harassment	Miss Imison & Miss Gill
WEEK 8		My Wellbeing	Mental Health	- Common types of mental ill health. How are behavior positively or negatively affects our own or others mental health.	Miss Imison & Miss Gill
WEEK 9		My Safety	Basic First Aid	- Basic First Aid	Mr Pinder & Mr Stewart
WEEK 10		My Relationships	Intimate and sexual relationships	- Contraception and STI's	Miss Cherry & Miss Mulligan
WEEK 11		Finding My Future	Learning Skills	- Being Your Own Ambassador	Miss Cherry & Miss Mulligan
WEEK 12		My Body	Physical Health and Fitness	- Sleep Routines	Mr Warrington & Mr Joiner
WEEK 13		My Relationships	Intimate and sexual relationships	- Sex in the Media - pornography	Mr Cushen & Miss Hamilton
WEEK 14		My Body	Healthy Eating	- Unhealthy Diet and Bowel Cancer link	Mr Cushen & Miss Hamilton
WEEK 15		My Relationships	Intimate and sexual relationships	- Consent – Peer pressure and being sexually intimate	Miss Cherry & Miss Mulligan
WEEK 16		Finding My Future	Work and Career	- Types of Employment	Mr Cushen & Miss Hamilton
WEEK 17		My Safety	Internet Safety and Harms	- Online Consent	Mr Pinder & Mr Stewart
WEEK 18		Finding My Future	Choices and Pathways	- Post 16 and 18 Options	Mr Warrington & Mr Joiner

PSHE Curriculum Plan 2021-22 – Year 10

My Body 	My Wellbeing 	My Safety 	My Relationships 	Finding My Future 
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WEEK 1		My Wellbeing	Mental Health	- Mental health and tackling stigma	Miss Gill
WEEK 2		My Body	Physical Health and Fitness	- Physical exercise v inactivity. Diabetes, cardiovascular health and cancers.	Mr Joiner
WEEK 3		My Body	Healthy Eating	- Obesity, hypertension and cholesterol. Cooking Healthy options	Mr Cushen
WEEK 4		Finding My Future	Learning Skills	- Study Skills: Independent Revision	Mr Cushen
WEEK 5		My Relationships	Online Relationships	- Extremism and Radicalisation	Mr Cushen
WEEK 6		My Safety	Drugs Alcohol and Tobacco	- Gaining Independence: Making Healthy Lifestyle Choices. Effects if alcohol on teenage brain. - Drink Driving.	Mr Stewart
WEEK 7		Finding My Future	Financial Choices	- Debt	Miss Cherry
WEEK 8		Finding My Future	Learning Skills	- Positive Use of Social Media and How Others View Me	Mr Pinder
WEEK 9		My Body	Health and Prevention	- Dental Health	Mr Joiner
WEEK 10		My Relationships	Respectful Relationships	- Sexual harassment and sexual violence	Miss Gill
WEEK 11		My Safety	Basic First Aid	- Basic First Aid	Mr Pinder
WEEK 12		My Safety	Internet Safety and Harms	- Gambling	Mr Pinder
WEEK 13		My Relationships	Intimate and sexual relationships	- Consent – sexual intimacy	Miss Cherry
WEEK 14		My Relationships	Intimate and sexual relationships	- Teenage and Pregnant	Miss Cherry
WEEK 15		Finding My Future	Work and Career	- Preparing for Work Experience	Mr Joiner
WEEK 16		My Relationships	Intimate and sexual relationships	- Attitudes to Pornography	Miss Cherry & Miss Mulligan
WEEK 17		Finding My Future	Choices and Pathways	- Apprenticeships	Miss Hamilton
WEEK 18		Finding My Future	Work and Career	- Presenting and Promoting Yourself	Mr Cushen

PSHE Curriculum Plan 2021-22 – Year 11

My Body 	My Wellbeing 	My Safety 	My Relationships 	Finding My Future 
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WEEK 1		My Wellbeing	Mental Health	- Managing Stress	Miss Imison
WEEK 2		My Body	Physical Health and Fitness	- Blood, organ and stem cell donation	Mr Warrington
WEEK 3		My Body	Healthy Eating	- Home Cooked v Shop Brought. Cooking Healthy options and Budgeting	Miss Hamilton
WEEK 4		Finding My Future	Learning Skills	- Study Skills: Independent Revision	Miss Hamilton
WEEK 5		My Relationships	Online Relationships	- Online Dating	Miss Hamilton
WEEK 6		My Safety	Drugs Alcohol and Tobacco	- Legal Highs	Mr Pinder
WEEK 7		Finding My Future	Financial Choices	- Personal Finance, Budgeting and Debt	Miss Mulligan
WEEK 8		My Relationships	Intimate and sexual relationships	- Safe Sex – Contraception and STI's	Miss Cherry & Miss Mulligan
WEEK 9		My Body	Health and Prevention	- Coppafeel	Mr Warrington
WEEK 10		My Relationships	Respectful Relationships	- Knife Crime	Miss Imison
WEEK 11		My Safety	Basic First Aid	- Basic First Aid (including responding to alcohol/ drug related emergencies)	Mr Stewart
WEEK 12		My Safety	Internet Safety and Harms	- Social media and targeted advertising. Fake news and influencers.	Mr Stewart
WEEK 13		My Relationships	Intimate and sexual relationships	- Attitudes to Pornography	Miss Mulligan
WEEK 14		My Relationships	Intimate and sexual relationships	- Reproductive health, safe sex and the menopause	Miss Mulligan