

PSHE Intent, Implementation and Impact






Intent

Here at kings the subject of Personal, Social, Health, and Economic Education (PSHE) intends to help students develop their knowledge, skills and attributes of staying healthy and safe, of maintaining healthy relationships and how to prepare for their future.

Our intent is to provide a robust PSHE curriculum that creates a safe environment for students to reflect on and clarify their own values, attitudes and opinions. We intend for students to explore complex and sometimes conflicting values and attitudes in a mature and respectful manner, preparing them for encounters they may have now or in the future.

Our PSHE curriculum focusses on five golden threads:

- My Body
- My Wellbeing
- My Safety
- My Relationships
- Finding My Future

My Body	My Wellbeing	My Safety	My Relationships	Finding My Future
				
Health & Prevention	Mental Health	Personal Safety	Respectful Relationships	Learning Skills
Healthy Eating	Self-Concept	Basic First Aid	Families	Financial Choices
Physical Health and Fitness		Internet Safety & Harms	Intimate & Sexual Relationships	Media Literacy & Digital Resilience
Changing Adolescent Body		Drugs, Alcohol & Tobacco	Online Relationships	Employment Rights & Responsibilities
				Work & Career
				Choices & Pathways

Our PSHE curriculum aims to enable students to become healthy, safe, independent and responsible members of society who demonstrate respect and tolerance and who are prepared to face and manage the challenges and opportunities of today's society. We intend for students to be well-versed in and advocate for our British Values.

PSHE also embeds positive behaviour and attitudes by helping students know how they can support each other, manage their own behaviour and how to get help or support for themselves or their friends if they need it.

We will consistently review and adapt our PSHE curriculum to meet the changing needs of our students and our school community.

Implementation

Our PSHE curriculum is embedded with our five golden threads and is built in line with the PSHE association guidelines. We build on the skills, attitudes, values, knowledge and understanding that have been acquired during the primary phase. The curriculum is taught by two members of staff who are routinely supported through relevant in-school training and have access to a suite of suitable and relevant resources within the PSHE association.

Teaching within PSHE lessons creates a positive environment which is safe for all pupils, creating inquisitive students who ask questions and listen to others. The curriculum is engaging and varied using case studies and research that is relevant to our pupils and our school setting. We have ensured that our schemes of work at both KS3 and KS4 include Relationship Education, Relationship and Sex Education (RSE) and Health Education statutory guidance. This ensures that the pupils are well-equipped for the next stage of their education or employment.

The curriculum is deliberately planned to enable pupils to revisit core themes and deepen their understanding. These core themes are also supported through assemblies and tutor time activities, which enforces the importance of PSHE content in all aspects of life.

Teachers use Direct Vocabulary Instruction, in line with our school policy, to develop students' understanding of key terminology throughout the curriculum and provides further opportunities for challenging misconceptions.

To reinforce a safe and 'low stakes' culture within our PSHE lessons we do not use any summative assessment within our PSHE curriculum. Instead, at the start of each lesson students complete remember tasks where students state and then describe key content they learnt from their last PSHE lesson, they explain how their previous PSHE learning may support them in the future and finally explain which British Value their learning linked with and why. This feedback is then monitored and checked by staff during the lesson. This reflection of learning helps us check students' perceptions of key messages delivered previously.

Within years 7 and 8 our curriculum follows all five golden threads and is taught within bi-weekly 100-minute lessons. It acknowledges and addresses the changes young people are experiencing including the transition into secondary school, the challenges of adolescence, increasing independence and how to remain safe online. We have also adapted the curriculum to include St John Ambulance's KS3 first aid resources.

Our year 9, 10 and 11 curriculums are also underpinned by our five golden threads and are taught within bi-weekly 50-minute lessons. The curriculum is planned and delivered to extend and rehearse skills, further explore attitudes and values and to deepen knowledge and understanding acquired during years 7 and 8. We have also further adapted our curriculum to include St John Ambulance's KS3 first aid resources.

Impact

Within our PSHE curriculum we aim to prepare students for life, helping them to know and value who they are and understand how they relate to others. We hope that through the teaching of the golden threads in the PSHE curriculum, students will learn strategies to help them stay safe and healthy and be able to manage their personal and social lives in a positive way. Our golden threads are re-visited throughout all years so that our students can gain a good understanding of how to be healthy, how to create respectful relationships, how to look after their mental well-being and where to go if they or a friend need help or support. Our PSHE teaching works alongside our school ethos and develops children that share our ethos of working hard and being kind.